

REFLECTION

UNIVERSITY OF NOTRE DAME – OFFICE OF COMMUNITY STANDARDS

The University Conduct Process is grounded in formation and student development. Your Reflection is an opportunity to offer your thoughts in writing. There is no length requirement. You are only asked to respond to the items that have been marked below. All other items are optional. For more information about the Reflection, visit: communitystandards.nd.edu/students/reflection

INCIDENT

- Provide a factual summary of the incident from your perspective.
- Which Standards of Conduct do you believe that you were responsible for violating?

PERSONAL VALUES *(Holy Cross Pillar: Heart)*

- List your personal values.
- What influences have shaped your personal values?
- Reflect on decisions that you made related to the incident which aligned with your personal values.
- Reflect on decisions that you made related to the incident which did not align with your personal values.
- How do you live your personal values on a daily basis?

COMMUNITY *(Holy Cross Pillar: Family)*

- What individuals and/or communities were impacted by the incident and in what ways were they affected?
- What steps can you take to address any harm caused to the community by your actions (or inaction)?

LEARNING AND GROWTH *(Holy Cross Pillar: Mind)*

- How can you use your involvement in the incident as an opportunity for learning and future growth?
- What have you learned through your participation in the University Conduct Process?

ACTION *(Holy Cross Pillar: Zeal)*

- What steps will you take to make decisions that are aligned with the University's expectations for conduct?
- Identify at least three resources that you can utilize in the future that will help you make decisions that are aligned with the University's expectations for conduct.
- Articulate a plan for how you will move forward from this incident and make better choices.

ASPIRATIONS *(Holy Cross Pillar: Hope)*

- What goals do you hope to attain in the remainder of your time at Notre Dame?
- How can you use your learning from the incident to be a transformational experience for others?

Please email your Reflection to: ocs@nd.edu by no later than: _____

Your decision meeting is scheduled for: _____ at _____
Date *Time*